

TEACHER TRAINING CONTRACT

Pledge to Complete Training : By signing this Teacher Training Contract, you pledge to do your best to complete this training in its entirety.

Refunds : Any refunds must be requested within 7 days of the first teacher training weekend, before or after. If training was paid in full at total rate or early-bird discount rate, refunds issued will be the total amount paid less \$250. Students on the Payment Plan option will not receive their non-refundable deposit back of \$750.

Reporting of Issues : Any issues with trainers and other students must be brought to the attention of Lead Trainer. Lead Trainer will remedy through moderation of all parties. Gossip, harassment, and breach of confidentiality is not tolerated and grounds for dismissal from the program.

Grievances & Code of Conduct with Other Students : by joining this teacher training, one recognizes that they will be in the company of fellow students and will treat each other with the highest respect. Any grievances must be made known to the Lead Trainer by reporting issues. Grievances will be dealt with on a case-by-case basis, through moderation and inquiry into the nature of the issue.

Payment Guidelines : The cost for this training is \$2850 due on April 12, 2019.

- All payments are due on the date specified and are either turned in before the first class begins or after the last class has finished.
- The trainee will receive a written receipt for each payment made, including fees.
- It is the responsibility of the trainee to review each receipt at the time it is received to verify its correctness.
- If a payment is late, even one day late, a fee of \$25 will also be due.
- Each payment received is non-refundable and non-transferable under all circumstances.

Additional Fees

- The following additional fees may apply to this course:
- Late Payment – \$25
- One-hour private make-up session – \$125
- Test re-take – \$100
- Missed Practicum Teaching – \$50
- Copies of additional Certificates of Completion – \$25

Payment Plan for Training : The payment plan breaks the total sum of the training into 4 installments to be made on the following dates. Failure to make payment may result in dismissal from the program.

Payment #1 - \$750 due April 12, 2019 (non-refundable deposit)

Payment #2 - \$750 due May 10, 2019

Payment #3 - \$750 due July 12, 2019

Payment #4 - Final Payment \$600 due August 9, 2019

Attendance & Missing Training Hours : Each student is allowed to miss 20 hours, or one weekend, of the 200 hour training program. Contact with Lead Trainer through Yoga Alliance certification requires 180 hours of contact. This program is designed to be 200 hours of contact hours, 20 hours per weekend. If more than one weekend of training is missed, student must schedule at a rate of \$125/hour the additional hours missed to graduate from the training program.

Students must contact Lead Trainer before the training weekend they will be missing. Any excused absences will need to be made up with additional training hours in order to graduate, at the rate of \$125/hour.

Tardiness : Any student who is tardy for class by more than 15 minutes will be docked an hour from their training hours and need to make up at the additional rate.

Withdrawal Policy : If a student wishes to withdrawal from this program for any reason, they must contact the Lead Trainer to discuss their grievances/reasons face-to-face or over the phone first. No refunds will be issued beyond 7 days from the first weekend.

Circumstances beyond the control of the trainee and PureJoy Yoga School may interfere with a trainee's ability to participate in the course, such as, but not limited to, illness, injury, pregnancy, job changes, family concerns, etc. If a trainee decides to end their participation in the course for any reason due to any circumstance, all prior payments and fees are non-refundable and non-transferable, unless the Lead Trainer deems their reasons to be sound, the student may join in the next program in good standing..

PureJoy Yoga School may decide to terminate any trainee's participation in the course in the event that: 1) false information was used in the admission process that materially affects Spira Yoga School; 2) a trainee missed more than 10% of any subject category; 3) a trainee is absent for more than three consecutive days without contacting the program director; 4) the trainee fails to make timely payments they have agreed upon; 5) the trainee is unable to pass a test after being given three attempts; 6) the trainee's conduct or behavior is unlawful or deemed inappropriate or disruptive to the welfare of the course or fellow trainees.

If PureJoy Yoga School decides to end the trainee's participation in the course, the trainee is not entitled to any prior payments or fees, as all prior payments and fees are non-refundable and non-transferable.

If at any point in time the Lead Trainer deems a student's behavior to fall in to the following categories, they may be removed from the training program without refund and not in good standing:

- Gossip
- Breach of Confidentiality
- Harassment
- Bullying
- Sexual Harassment

Students must Attempt the Work : This training is designed to expose students to multiple facets of yoga, including multiple styles, techniques and postures. Each student is responsible for their own safety and well-being. If the work being presented goes against a student's bodily condition, they must let the Lead Trainer know immediately. If any part of the program does not align with the student's personal beliefs, the work should be attempted and then abstained from if necessary.

Group Setting : This training is done in a group setting. Trainees are expected to be respectful of co-trainees and limit questions and use of talking time to items pertinent to the training.

Triggers : As we get to know ourselves better through the practice, inevitably we may find ourselves triggered by the work, by co-trainees, or by the teacher and teachings. This training is designed to offer different viewpoints and the yogic path which eases suffering. Students must be willing to take personal accountability for their triggers and maintain acceptable participation to graduate.

Letters of Recommendation : Each student is required to provide one letter of recommendation from their/a yoga teacher to be accepted into this training.

Homework : In order to graduate from this program, all students must complete homework and tests, as follows:

- Tests
- Participation
- Research Papers
- Reading
- Case Studies

Injuries : All injuries, past and current, must be reported to the Lead Trainer at the first training weekend. If any injuries should occur during the course of the training, they must be reported immediately to the Lead Trainer.

Scope of Training : This training is a 200 Hour Yoga Alliance Certified Training, establishing graduates as the Entry-Level teacher position. The scope of this training is to inform on functional anatomy, postures of yoga, types and history of yoga, the business of yoga, and

philosophy and lifestyle that accompanies the practice. This training is a hatha-vinyasa training, focusing on the practices of Iyengar and Ashtanga yoga. No pledge is made that teachers who graduate are able to diagnose, prescribe, or heal their students.

Hands-On Assists & Sexual Misconduct : During the course of the training, students may receive hands-on assists from the Lead Trainer and/or Assistants. Students always may decline an assist and Lead Trainer and Assistants will work diligently to ask before performing. If at any time a hands-on assist becomes confusing, or deemed sexual misconduct, student must alert the Lead Trainer or Management of the facility, along with Yoga Alliance.

Rare Cancellation of Training : Though every effort has been made to secure dates and times for the training, there may be a time when the training is cancelled for unforeseen circumstances. If this is the case, the Lead Trainer will work to find the best time that suits most students to reschedule. If the training is cancelled due to unforeseen circumstances (i.e. natural disaster),

I, _____ (print name), have read the PureJoy Teacher Training Contract and agree to all of the terms.

Signature

Date